



CAL-D TABS

Calcium (Carbonate) 600 mg
Vitamin D₃ (Cholecalciferol) 400 IU

Calcium is a mineral that is necessary for life. In addition to building bones and keeping them healthy, calcium enables our blood to clot, our muscles to contract, and our heart to beat. About 99% of the calcium in our bodies is in our bones and teeth. Every day, we lose calcium through our skin, nails, hair, sweat, urine and feces. Our bodies cannot produce its own calcium. That’s why it’s important to get enough calcium required per day.

On the other hand, Vitamin D plays an important role in protecting your bones, both by helping your body absorb calcium and by supporting muscles needed to avoid falls. Children need vitamin D to build strong bones, and adults need it to keep their bones strong and healthy.

CAL-D TABS promotes calcium absorption in the gut and maintains adequate serum calcium and phosphate concentrations to enable normal mineralization of bone and to prevent hypo- calcemic tetany. It is also needed for bone growth and bone remodeling by osteoblasts and osteoclasts.

CAL-D TABS helps

- Build strong bones and teeth.
- Support healthy immune function.
- In the absorption and use of calcium and phosphorus.
- Maintain normal muscle function.
- Reduce the risk of developing osteoporosis.

List of Ingredients

Each Tablet Contains Active Ingredients:

Elemental Calcium (Carbonate) USP.....600 mg
 Vitamin D₃ (Cholecalciferol) USP.....400 IU

List of Inactive Ingredients: Microcrystalline cellulose USP, Di-calcium phosphate dihydrate USP, Magnesium stearate (Vegetable Grade) USP, Croscarmellose sodium USP, Silicon dioxide USP.

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